

## Size Information

One size fits most.

## Washing Instruction

Remove straps, pads or liners and close all hook and loop closures before washing.

Hand wash straps with mild detergent in cold water, and hang dry only.

Do not dry clean, bleach and iron.

Occasionally apply a dry lubricant to hinge especially after use in water.

## Caution

If you experience any pain, swelling, sensation changes, or any unusual reaction while using orthomen product, please consult your physician immediately.

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**Orthomen**

## Application Instruction

Medical OA Unloader Knee Brace

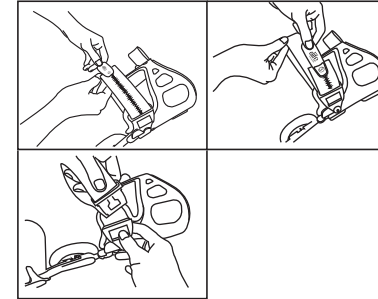


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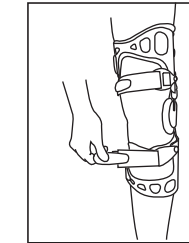
## INSTRUCTIONS FOR USE

### Medical OA Unloader Knee Brace

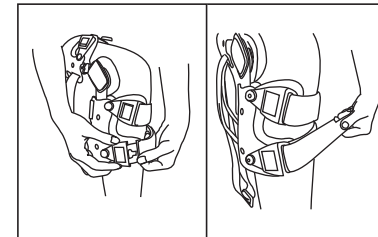
#### Application Instruction



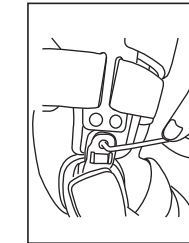
1. Release each of the straps and attach to its loosening setting if it is the first time to apply the brace.
2. Detach all buckles.



3. Apply the knee brace with the patient seated and knee joint flexion at 80° -90° .



4. Press the shell against the leg and secure number 1 buckle around the calf. Adjust the strap length to desired fit by using the hook and loop closure. Next, fasten strap number 2 around the lower calf muscles.

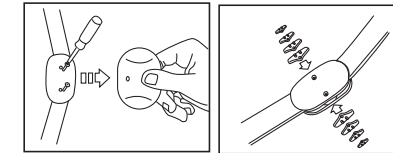


5. Fasten the thigh straps in proper order and in the same way as strap number 1.

6. Stand, and check the tightness of the straps.
7. Walk with the brace on to see if the strap causes any discomfort or not, or causes the pain worsening. If it does, re-adjust the strap while seated, then stand and walk again to test the pain relief.

8. Adjust the hinge with hex wrench for minor adjustments.

#### How to Set the Hinge



1. Use a screwdriver to remove screws and detach the cover of hinge.
2. Take off the existing stop and insert new plug-in stops, which are desired flexion/extension degree.
3. Put the cover of hinge and screws back. Be sure that screws are seated and snug. Both medial (inside) hinge and lateral (outside) hinge stops must be identical in degrees.

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